

**Using Your Gifts to Generate Good  
A Session Guide for Youth**

Welcome to this exciting workshop designed to empower youth to use their innate gifts and abilities to generate good in the world. In this session, we will explore a range of topics and exercises focused on self-awareness, spiritual gifts, and ministry tracks. The goal is to help each participant discover their unique potential and learn how to leverage it to effect positive change in their communities through The United Methodist Church. This introductory guide will provide a step-by-step outline of the activities and discussions we will engage in, setting the stage for a transformative journey of personal growth and societal impact.

**Theme: You have a purpose**

**Intro**

Welcome the youth and allow a time for introduction

**Start with an opening devotion**

Read [Hebrews 12:1-2 \(CEB\)](#)

Further reading (optional)

- 1 Peter 2:9 (CEB)
- Colossians 1:17 (CEB)

Use the following questions to guide discussion as a large group:

1. When you think about the future, what makes you most uneasy? What makes you most excited?
2. What are some of the ideas and phrases you've heard about God's plan or purpose for you? What's helpful or unhelpful about these messages?
3. How does it feel to know that Christ is at the center of all things, holding everything together—even your future?

Highlight the message that God can lead us in the right direction, as we discern our path.

**Show *Service Opportunities within The United Methodist Church* video**

Download the video in advance [here](#).

*Note: You can read the English subtitles as other languages are spoken.*

**Conduct a Spiritual Gifts Inventory**

We suggest you use this [Spiritual Gifts Inventory](#), offered by Discipleship Ministries.

Use the following questions to guide discussion as a small or large group:

1. How can you use your spiritual gifts to make a positive impact in your community?
2. How can you use your spiritual gifts to strengthen your connection to God?
3. Which of your spiritual gift results were you most surprised by?
4. What did you learn from reading the description of your spiritual gifts? What was affirming? Did you get new insight?
5. What gifts do your friends have? How can you work together to maximize your impact (in the world/community/church)?
6. How does your spiritual gift uniquely reflect the image of God?

Wrap up the session by highlighting ways they can get involved in the community or professionally through The United Methodist Church by visiting [ResourceUMC.org/MinistryTracks](https://ResourceUMC.org/MinistryTracks).

**Note:** This session was presented as a workshop to over 200 youth 07/26- 07/27 at YOUTH 2023 in Daytona Beach, FL. It has been formatted to be used in a local church setting. **Contact:** [ResourceUMC@umcom.org](mailto:ResourceUMC@umcom.org).